Eve has been published in . .

Alberta & B.C. newspapers (Weekly Health Colum)

The Mile Zero-Banner Post (1985-2019) The High Level Echo (1988-2019) The Mile Zero News (1988-2018) The Northern Pioneer (1988-2015) The Now Newspaper (Surrey, 2005-2009) The Stuart-Nechako Advertiser (2004-2005) The Province Daily Newspaper (Vancouver; 2002) The Stettler Independent, (2001-2013) The Surrey Leader (1993-1995) The Abbotsford News (1990-1994) The Peace Arch News (1989-2000) The Langley Times (1987-1996)

Regular contributor to

Senior Living Magazine (2012-present) The White Rock Sun (2008-present) Wellness Matters Newsletter (1996-2018) Sounder Profiles Magazine (2004-2009) Now Newspaper Wellness Issues & Look Magazine (2005-07) Today's Times Magazine Health columnist (1992-96) Vancouver Island Prime Time (1996-98) The Island Woman (1997) Island Senior (1994-95) South Fraser BC Woman (1995) Alive Magazine (1992-96) Club Direct Magazine (1990-92) BC Woman Magazine Features Writer and Monthly Health Columnist (1989-1999)

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ROMPER ROOM GOES HEAVY METAL

BY EVE LEES

TOM'S 10 POUNDS OVERWEIGHT, MARY CAN'T CLIMB A FLIGHT OF STAIRS WITHOUT GASPING FOR BREATH, AND

AN EARTHQUAKE COULDN'T JOLT JOE OFF THE COUCH

PROFILES OF THE AVERAGE INACTIVE ADULT?

NO - TOM, MARY AND JOE ARE 12 YEAR-OLDS.

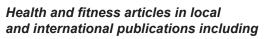
AND AWAY FROM THE TELEVISION SET.

CLUB DIRECT • Spring 1990

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Achiever's Magazine BC Pharmacist Business in Vancouver Chronically Canadian **IDEA Fitness Journal** Urban Fitness Vista Magazine

Eve Lees Surrey BC www.artnews-healthnews.com 604-531-8643 or E-mail

Eve self-publishes

The Artist's Journal (1997-present) Personal Health Newsletter (1995-2014)



Writing **Testimonials**

We're running your "Refined Carbohydrates are Addictive" piece. Honestly, Eve, people have been explaining this forever, but I've never seen it more clearly explained - and concisely! Jeani Read, The Province Newspaper (2002)

It is so great not to have to do excessive editing. All I did was work with Jim (in production) on images. Thank you for your great work. Janis Foster, Editor, Sounder Profiles Magazine

Thanks for the story and I wanted to mention I really appreciate that you include your sources at the end - few freelancers ever think to do that! Carolyn Cooke, Editor, Now Newspaper

We were totally pleased with your articles. I am looking forward to our second edition in the spring. We want you to be involved. John Avdic, Now Newspaper Wellness Guide, Surrey, B.C.

Thanks so much for always being available when I need something on the fly. You're the best! Ann Collette, Editor, Waters Magazine and Wellness Matters.

As always, I appreciate your promptness, your professionalism and your very interesting articles. Janis Foster, Editor, Sounder Profiles Magazine.